Copper Queen Community Hospital

Dr. Suzanne Daly

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EGD Preparation Instructions

You must have someone available to drive you home after you procedure. Plan on spending 2 to 2 ½ hours at the facility.

Your EGD is scheduled on:

Check -In Time: STAFF FROM HOSPITAL WILL CALL WITH CHECK IN TIME

(CHECK-IN TIME IS SUBJECT TO CHANGE)

Location: <u>Copper Queen Community Hospital</u> (CHECK-IN TIME IS SUBJECT TO CHANGE)

5 Days Prior to the EGD:

- Call our office for specific instructions if you take Plavix, Coumadin, or insulin.
- Discontinue taking blood thinners (such as Aspirin 325mg, Fish Oil, Vitamin C, Vitamin E, St. John's Wort) or NSAIDS (such as Ibuprofen, Aleve, Naproxen, Alka Seltzer, Excedrin) five days prior to your procedure.

Day of the EGD:

- Do not have any solid foods or milk products after midnight.
- You may have clear liquids up until 4 hours prior to your check-in time, then nothing at all until after your exam. YOU MUST BE COMPLETELY NPO 4 HOURS PRIOR TO CHECK IN TIME. Clear liquids include water, soda, coffee without creamer, tea, broth, clear juices, Gatorade, Jello, and popsicles. Avoid anything with red or purple dye.
- Bring someone with you to drive you home. You will be given anesthesia during the procedure and will not be allowed to drive. If you do not have a driver, your exam may be cancelled/rescheduled.

If biopsies are taken during your Procedure, please allow 7-10 business days for results

72 hour notice for cancellation or reschedule.

Holiday's or weekends DO NOT count for the 72 Hours and you MUST call our office 520-335-6730